The Blooming Bulletin

April 2020

A monthly publication of the Plantation Garden Club

Website:

http://plantationgardenclub.com/ Also find us on Facebook! ☺

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If you have any comments about this newsletter, please contact Liane at: plantationgardenclubfl@gmail.com. Be sure to put "Newsletter" in the subject line.





While sitting here pondering my President's message, I am listening to the Governor of New York. And as I am saying to myself, "What can I say during this time that has not been said, Governor says it for me. So, in case you did not hear his morning update, I am going to take a part of his briefing and use it as my message to you. While showing slides of the current situation and explaining his reasoning behind what he is doing, he gives us this advice.

Plan forward

Look for the silver lining

That does not mean we do not do everything in our power to make this the best day of our life but while doing that we can also plan how tomorrow and the ones to come will be even better.

I am sure many of you have seen, read, and heard countless anecdotes of people being heroic and helping others during very trying times and that is what all of us need to do. Don't focus on what is wrong but focus on how I can make it better by doing something for others. No matter how small your act of selfless may seem, sometimes that can be the turning point in another person's life.





As I have said many times, this group of people in the Garden Club-you, you, and yes even youare the most gracious and selfless group I know and that is why I am asking each of you and challenging myself to make the "months of Corona" some of the best times ever to make silver linings by talking to friends, family, neighbors, strangers, and anyone else who reaches out to you.

Clean out that closet that has been waiting for your gentle touch for so long. Read all that stack of books or magazines that you have been piling up and then pass them on to others. Call that long lost friend, cousin, aunt or uncle, or other relative just to check in and say hello. I could go on endlessly but am looking forward to our first meeting when the question of the day will be" What silver lining did you find during your shelter at home coronavirus time?"

Till then-stay safe and healthy.

Fondly,

Peggy

COVID-19 INFORMATION & RESOURCES

Dr. Mehmet Oz posted this list on his Twitter feed (https://twitter.com/droz)

DR. OZ REFRIGERATOR HANDLE VACUUM HANDLE **CLEANING SPRAY BOTTLE FLOOR BASEBOARD** ESPECIALLY IMPORTANT IF YOU HAVE YOUNG KIDS MICROWAVE TOUCHPAD **LIGHT SWITCHES** TOILET FLUSHER = YOU PROBABLY ALREADY CLEAN THE FAUCETS AND THE TOILET SEAT BUT THIS GETS FORGOTTEN DOOR KNOBS **DRESSER HANDLES** CAR = THIS INCLUDES YOUR STEERING WHEEL, DOOR HANDLE, RADIO, GEAR SHIFT, AND KEYS

THE MAIL BOX

BONUS ITEM

WEBPAGES

CDC cdc.gov/coronavirus/2019-ncov

WHO_who.int/emergencies/diseases/novel-coronavirus-2019

Broward County:

https://www.broward.org/CoronaVirus/Pages/default.aspx

Questions related to COVID-19 can be directed to **954**-**357-9500**, or by emailing <u>COVID-19@flhealth.gov</u>

City of Plantation: http://www.plantation.org/COVID19

PHONE NUMBERS

Members of the public with general questions about COVID-19 should call their state health department's main daytime telephone number or they can **contact CDC at www.cdc.gov/cdc-info or 1-800-CDC-INFO** (800-232-4636) or TTY 888-232-6348. These phone lines are monitored at all times, and travelers may call 24 hours a day and 7 days a week unless noted.

Florida State Department of Health 1-850-245-4401

COVID-19 INFORMATION & RESOURCES

Dr. Mehmet Oz posted these helpful tables on his Twitter feed

(https://twitter.com/droz)

SORTING OUT THE SYMPTOMS: COVID-19, COMMON COLD & FLU

	SYMPTOMS	COVID-19	COMMON COLD	FLU
	Fever	Common		Typical
F.	Cough	Common, usually dry	Sometimes, Mild	
A A A A A A A A A A A A A A A A A A A	Fatigue	Common	Sometimes	Typical
	Shortness of Breath	Sometimes	No	
Č,	Headache	Less common		
	Body aches	Less common	Sometimes, Mild	
F	Sore Throat	Less common	Common	
	Chills	Less common		
S	Runny or Stuffy nose	Not Typically	Common	
E Com	Sneezing	Not Typically	Common	

SORTING OUT THE SYMPTOMS: COVID-19 & SEASONAL ALLERGIES

	SYMPTOMS	COVID-19	SEASONAL ALLERGIES
and the second second	Fever	Common/Typical	No
R	Cough	Common, usually dry	Sometimes
() ZZZZ	Fatigue	Common	Sometimes
	Shortness of Breath	Sometimes	No
ð	Headache	Less common	Sometimes
	Body aches	Less common	No
R	Sore Throat	Less common	Sometimes
	Chills	Less common	No
S	Runny or Stuffy nose	Not Typically	Common
R	Sneezing	Not Typically	Common
Ŷ	Nausea/Diarrhea	Sometimes	No

If you think you are experiencing symptoms of COVID-19, call your healthcare provider.



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All regular meetings are on the **third Wednesday of the month** from **9:30 a.m. until 12 Noon** at the **El Dorado clubhouse**, 1 El Dorado Clubhouse Parkway (1 SW 75th Ave.), Plantation, FL 33317 (954) 583-0940.

Meeting schedule is as follows:

<u>APRIL 15, 2020 – MEETING:</u> Meeting has been cancelled due to COVID-19 Virus.



Event Cancellations/ <u>Postponements</u>

Treasures in the Park Garage Sale POSTPONED

End of the Year Luncheon POSTPONED – POSSIBLY CANCELLED

> Woman of the Year Luncheon POSTPONED

Plantation Historical Society Plant Affair CANCELLED

2019/20 Monthly Schedule

Thanks so much to **Sandy Fernandes** for volunteering to take over Roxie's spot in the newsletter. For the next few series of issues, she will provide some great summarized gardening tips she found in a garden guide by Bib Haehle and M.E. Depalma.

As we continue to enjoy the bright show of color from bougainvillea and yellow tabebuia, the month of April brings new challenges from windy and dry weather.

Annuals like marigolds, asters, zinnias and coleus should be planted soon.

Plant vegetables including sweet potatoes, snap beans and southern peas and herbs like dill, basil, lemon verbena, fennel and parsley.

Trees, palms, citrus and shrubs should be planted as long as water is available.

Control spider mites, scale, mealybugs, white flies and aphids, which will be showing up on new growth.

Watch rain amounts and if it stops, start regular watering until June wet season.

April and May are the most critical watering months of the year.



Sharon Hall 9th Flossie Fisher 16th Kimberly Fried 24th Cece Ramirez 28th Carol Goodman 29th





